

Programma
Nederlandse Zwembkampioenschappen WVNL
2021

Dag 1							
Programma	Leeftijd	Geslacht	Afstand	Slag	Limiet	Vervangende tijd	
1	F-H	Dames	200	schoolslag	03:13,0	03:32,0	
2	F-H	Heren	100	schoolslag	01:16,0	01:24,0	
3	E	Dames	200	wisselslag	03:04,0	03:22,0	
4	E	Heren	100	wisselslag	01:16,0	01:24,0	
5	D	Dames	100	vlinderslag	01:33,0	01:42,0	
6	D	Heren	200	vlinderslag	03:28,0	03:49,0	
Pauze							
7	F-H	Dames	100	vlinderslag	01:20,0	01:28,0	
8	F-H	Heren	200	vlinderslag	02:39,0	02:55,0	
9	E	Dames	100	schoolslag	01:34,0	01:43,0	
10	E	Heren	200	schoolslag	03:03,0	03:21,0	
11	D	Dames	200	wisselslag	03:12,0	03:31,0	
12	D	Heren	100	wisselslag	01:21,0	01:29,0	
Pauze / Medaille uitreiking							
13	F-H	Dames	200	rugslag	02:50,0	03:07,0	
14	F-H	Heren	100	rugslag	01:08,0	01:15,0	
15	E	Dames	200	vrije slag	02:39,0	02:55,0	
16	E	Heren	100	vrije slag	01:05,0	01:12,0	
17	D	Dames	100	rugslag	01:27,0	01:36,0	
18	D	Heren	200	rugslag	03:02,0	03:20,0	
Pauze / Medaille uitreiking							
19	F-H	Dames	100	wisselslag	01:17,0	01:25,0	
20	F-H	Heren	200	wisselslag	02:28,0	02:43,0	
21	E	Dames	100	rugslag	01:24,0	01:32,0	
22	E	Heren	200	rugslag	02:53,0	03:10,0	
23	D	Dames	200	vrije slag	02:48,0	03:05,0	
24	D	Heren	100	vrije slag	01:11,0	01:18,0	
Pauze / Medaille uitreiking							
25	F-H	Dames	200	vrije slag	02:29,0	02:44,0	
26	F-H	Heren	100	vrije slag	00:57,0	01:03,0	
27	E	Dames	200	vlinderslag	03:31,0	03:52,0	
28	E	Heren	100	vlinderslag	01:21,0	01:29,0	
29	D	Dames	100	schoolslag	01:37,0	01:47,0	
30	D	Heren	200	schoolslag	03:20,0	03:40,0	
Pauze / Medaille uitreiking							
31	D-H	Dames	4x100	wisselslag - estafette	05:45,0	06:20,0	
32	D-H	Heren	4x100	vrije slag - estafette	04:20,0	04:46,0	

Dag 2							
Programma	Leeftijd	Geslacht	Afstand	Slag	Limiet	Vervangende tijd	
1	F-H	Dames	100	schoolslag	01:26,0	01:35,0	
2	F-H	Heren	200	schoolslag	02:52,0	03:09,0	
3	E	Dames	100	wisselslag	01:24,0	01:32,0	
4	E	Heren	200	wisselslag	02:52,0	03:09,0	
5	D	Dames	200	vlinderslag	03:46,0	04:09,0	
6	D	Heren	100	vlinderslag	01:24,0	01:32,0	
Pauze							
7	F-H	Dames	200	vlinderslag	03:13,0	03:32,0	
8	F-H	Heren	100	vlinderslag	01:07,0	01:14,0	
9	E	Dames	200	schoolslag	03:24,0	03:44,0	
10	E	Heren	100	schoolslag	01:24,0	01:32,0	
11	D	Dames	100	wisselslag	01:26,0	01:35,0	
12	D	Heren	200	wisselslag	02:59,0	03:17,0	
Pauze / Medaille uitreiking							
13	F-H	Dames	100	rugslag	01:18,0	01:26,0	
14	F-H	Heren	200	rugslag	02:31,0	02:46,0	
15	E	Dames	100	vrije slag	01:13,0	01:20,0	
16	E	Heren	200	vrije slag	02:33,0	02:48,0	
17	D	Dames	200	rugslag	03:06,0	03:25,0	
18	D	Heren	100	rugslag	01:21,0	01:29,0	
Pauze / Medaille uitreiking							
19	F-H	Dames	200	wisselslag	02:53,0	03:10,0	
20	F-H	Heren	100	wisselslag	01:06,0	01:13,0	
21	E	Dames	200	rugslag	02:56,0	03:14,0	
22	E	Heren	100	rugslag	01:17,0	01:25,0	
23	D	Dames	100	vrije slag	01:17,0	01:25,0	
24	D	Heren	200	vrije slag	02:43,0	02:59,0	
Pauze / Medaille uitreiking							
25	F-H	Dames	100	vrije slag	01:06,0	01:13,0	
26	F-H	Heren	200	vrije slag	02:10,0	02:23,0	
27	E	Dames	100	vlinderslag	01:28,0	01:37,0	
28	E	Heren	200	vlinderslag	03:10,0	03:29,0	
29	D	Dames	200	schoolslag	03:36,0	03:58,0	
30	D	Heren	100	schoolslag	01:30,0	01:39,0	
Pauze / Medaille uitreiking							
31	D-H	Dames	4x100	vrije slag - estafette	05:00,0	05:30,0	
32	D-H	Heren	4x100	wisselslag - estafette	04:55,0	05:25,0	